

# ~With Nature~

~ Sustaining the natural beauty,  
Aiming to the earth-friendly hotel. ~

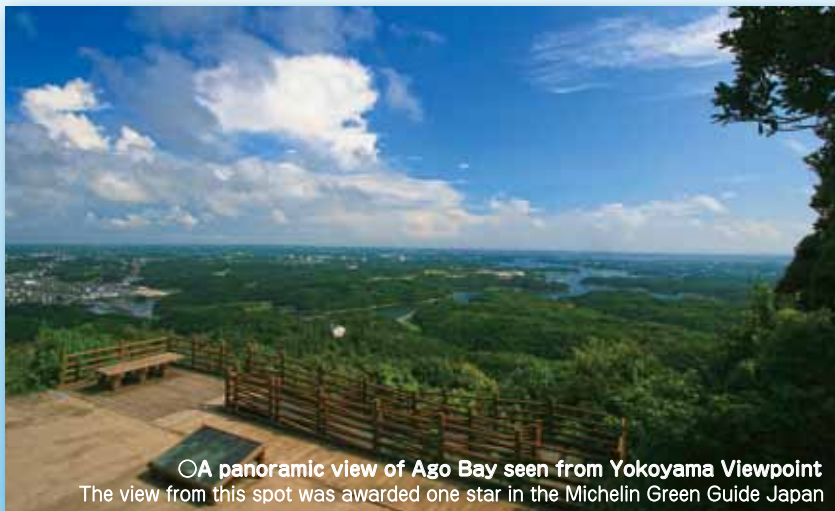
**Ise-Shima National Park** (Japan's 13th designated national park)  
Ise-Shima National Park is Japan's 13th national park: in November 1946, it was officially designated by the Japanese government as a national park for the first time after the Second World War. This national park has a length of about 50 kilometers (east to west) and a width of about 40 kilometers (south to north), and covers large areas of three cities and one town (with a population of 100,000 people in total) including the forests of Ise Grand Shrine. Almost the entire area of Shima City, where all of our four hotels are located, is part of the national park. This area has been called "Miketsu-kuni" (a province to supply food to the deities enshrined at Ise Grand Shrine) since ancient times, and people here have a long history of living in harmony with nature.



○A panoramic view of Ago Bay seen from the Kashikojima Bridge

## What is a National Park?

According to Article 2 of Japan's Natural Parks Act, a national park is defined as an "outstanding scenic area that deserves to represent Japanese landscapes."



○A panoramic view of Ago Bay seen from Yokoyama Viewpoint  
The view from this spot was awarded one star in the Michelin Green Guide Japan

## Wild Birds seen around Shima



### Spring and Summer

Brown-eared bulbul, white-cheeked starling, meadow bunting, Japanese bush warbler, Japanese white-eye, black kite, Japanese pygmy woodpecker, Japanese tit, Oriental greenfinch, grey-headed lapwing, varied tit, Eurasian tree sparrow, Chinese bamboo partridge, green pheasant, long-tailed tit, blue rock thrush, Japanese wagtail, Oriental turtle dove, black-tailed gull, grey heron, great egret, zitting cisticola, little grebe, great cormorant, common kingfisher, little egret, spot-billed duck, Japanese cormorant and jungle crow



Black-tailed gull


### Autumn and Winter

Eurasian bullfinch, black-faced bunting, red-flanked bluetail, rustic bunting, pale thrush, Japanese pied wagtail, grey wagtail, Daurian redstart, dusky thrush, great crested grebe, black-necked grebe, osprey, Eurasian coot, hawfinch, eastern marsh harrier, mallard, northern shoveler, Eurasian teal, falcated duck, gadwall, northern pintail, Eurasian wigeon, tufted duck, common sandpiper, long-tailed rosefinch, common kestrel and Eurasian sparrowhawk



Red-flanked bluetail

Yokoyama **B-2** Kashikojima **C-3** Isobe and Izonoura **C-1**  
Nagasawa Athletic Park **D-2** Area around Anori **E-1** Tomoyama **C-4**

※Bird watching locations in Ise-Shima are marked with  on the Map of "Recommended Cycling Courses" shown on the back page.



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※The images shown above are for illustrative purposes only. The information given here is as of May 2016.

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Cycling 

Jogging 

Walking 

## Leisure Activity Maps (Kashikojima and Tomoyama Areas)




MIYAKO HOTELS & RESORTS

# Enjoy Leisure Activities in Shima!

## Scenic Spots



※These scenic spots are marked with  on the Map of "Recommended Cycling Courses" shown on the back page



Yokoyama Viewpoint **B-2**  
横山展望台



Pearl Road **D-1**  
パールロード



Anorisaki Lighthouse **E-1**  
安乗埼灯台



Kashikojima Bridge **C-3**  
賢島大橋



Ko Shirahama Beach **D-2**  
国府白浜



Tomoyama Viewpoint **C-4**  
ともやま展望台



Daiozaki Lighthouse **E-4**  
大王埼灯台



Goza Shirahama Beach **A-4**  
御座白浜



## ~Enjoy Cycling in Shima!~

Information on Bicycle Rental Services

You can rent GIANT mountain bikes at Shima Kanko Hotel and Hotel Kintetsu Aquavilla Ise-Shima and Prime Resort Kashikojima. Please ask our hotel staff for further information.

In all seasons, you can fully enjoy various leisure activities in the rich natural environments of Ise-Shima National Park. We hope you will make lots of wonderful memories on your trip to Ise-Shima. ※The leisure facilities **A** to **E** are indicated on the Map of "Recommended Cycling Courses" shown on the back page.



**A** Shima Nature School **C-4**  
志摩自然学校



**B** Shima Marineland **C-3**  
志摩マリナランド



**C** Ago Bay Cruise **C-4**  
英虞湾めぐり



**D** Shima Spain Village **C-1**  
志摩スペイン村



**B** Shima Marineland **C-3**  
志摩マリナランド



**C** Ago Bay Cruise **C-4**  
英虞湾めぐり



**D** Shima Spain Village **C-1**  
志摩スペイン村



**B** Shima Marineland **C-3**  
志摩マリナランド



**E** Kashikojima Country Club **B-3**  
賢島カンツリークラブ

Please ask our hotel staff for further information on those leisure facilities.

## CAUTION

For your safe and security while enjoying a walk

- Please choose right walking courses so that you can come back in time as planned.
- Please note that some roads have no sidewalks.
- Please try to drink water frequently to avoid getting dehydrated outside.

## For those who enjoy cycling

- Please follow traffic rules to enjoy cycling safely. Bicycles are categorized as "light vehicles."
- Please be sure to wear a helmet, gloves, etc. to protect yourself.



Recommended Cycling Courses



Recommended Jogging and Walking Courses

